



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	--------------------------------------	--

DATE	COURSE	VENUE
JANUARY	2025	2025
8 th - 10 th Open Course	1 & 3 Day EFAW/ FAW Emergency First Aid at Work	International Surf Centre, Fistral Beach, Newquay Cornwall
18 th – 19 th	ISA Level 1 Surf Coach Award	Online
27 th -28 th	2 Day ISA Level 1 Surf Coach Course	Rancho Santana, Popoyo, Nicaragua
29 th – 30 th	2 Day ISA/ILS Aquatic Rescue & Water Course	Rancho Santana Popoyo, Nicaragua
FEBRUARY		
1 st – 2 nd	2 Day ISA Level 1 Surf Coach Course	Rancho Santana Popoyo, Nicaragua
3 rd – 4 th	2 Day ISA/ILS Aquatic Rescue & Water Course	Rancho Santana Popoyo, Nicaragua
5 th – 7 th	3 Day ISA Level 2 Surf Coach Course	Rancho Santana Popoyo, Nicaragua



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
---	--	---	---

FEBRUARY		
15 th – 16 th	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
17 th – 21 st	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
19 th – 21 st	3 Day Refresher RLSS Beach Lifeguard	

MARCH		
8 th – 9 th	ISA Surf Coach course Online	Online
15 th - 16 th	ISA Level 1 Surf Coach Course	Era & Fistral Surf School Collaboration Fistral Beach, Newquay, Cornwall, UK
17 th – 19 th	3 Day SLSGB Surf Coach safety & Rescue	Era & Fistral Surf School Collaboration Fistral Beach, Newquay, Cornwall, UK
17 th – 21 st	5 Day RLSS NVBLQ Beach Lifeguard	Era & Fistral Surf School Collaboration
19 th – 21 st	3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	--------------------------------------	--

MARCH		
29 th – 30 th	ISA Level 1 Surf Coach Course	Online

APRIL		
5 th – 6 th	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
7 th – 9 th	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, Cornwall, UK
7 th – 11 th 9 th – 11 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Renewal RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
14 th – 15 th	ISA Level 1 Surf Coach Course	Baleal Surf Camp Peniche, Portugal
16 th – 17 th	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp Peniche, Portugal
18 th – 20 th	ISA Level 2 Surf Coach Course	Baleal Surf Camp Peniche, Portugal



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	--------------------------------------	--

22 nd – 26 th 24 th – 26 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Renewal RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay Cornwall UK
28 th – 30 th	3 Day ISA Level 2 Surf Coach Course	The Wave, Bristol
MAY		
1 st – 2 nd	ISA Level 1 Surf Coach	The Wave, Bristol
3 rd – 4 th	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK
5 th – 7 th	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, UK
5 th – 9 th 7 th – 9 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, UK
10 th – 11 th	2 Day ISA Level 1 Surf Coach Course	Era & Surf'S Up Surf School Collab, Polzeath Beach, UK.
12 th – 16 th	5 Day RLSS Beach Lifeguard Course	Era & Surf'S Up Surf School Collab, Polzeath Beach, UK



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	--------------------------------------	--

13 th – 14 th	2 Day ISA Level 1 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway
15 th – 16 th	2 Day ILS Aquatic Rescue & Water Safety	Unstad Artic Surf Camp, Lofoten, Norway
24 th – 25 th	ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK
26 th – 28 th	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, UK
26 th – 30 th 28 th - 30 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, UK
31 st May – 2 nd June	ISA Level 2 Surf Coach	Fistral Beach, Newquay, UK

JUNE		
7 th – 8 th	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
9 th – 11 th	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, Cornwall, UK



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	--------------------------------------	--

9 th – 13 th 11 th – 13 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
12 th – 13 th	ISA Level 1 Surf Coach Course	The Wave Bristol, UK
JUNE		
28 th – 29 th	ISA SUP Flat Water Instructor Course	Polzeath, Cornwall, UK

JULY		
5 th – 6 th	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
7 th – 9 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
7 th – 11 th 9 th – 11 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	--------------------------------------	--

AUGUST	NO COURSES	NO COURSES
--------	------------	------------



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	--------------------------------------	--

SEPTEMBER		
9 th – 10 th	ISA Level 1 Surf Coach Course	Baleal Surf Camp, Peniche Portugal
11 th – 12 th	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp, Peniche Portugal
15 th – 17 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
15 th – 19 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
17 th – 19 th	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
---	--	---	---

OCTOBER		
3 rd – 5 th	3 Day ISA Level 2 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
6 th – 8 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
8 th – 10 th	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
25 th – 26 th	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
27 th – 29 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
27 th – 31 st 29 th – 31 st	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach Newquay, Cornwall, UK



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

NOVEMBER	2024	2024
4 th – 5 th	ISA Level 1 Surf Coach	Siargao, Phillipines
6 th – 7 th	ILS / ISA Aquatic Rescue & Water Safety	Siargao, Phillipines
8 th – 10 th	ISA Level 2 Surf Coach	Siargao, Phillipines
23 rd – 24 th	ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall UK
25 th - 27 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall UK
25 th – 29 th 27 th – 29 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall UK



ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

DECEMBER	2024	2024
9 th – 11 th	First Aid at Work FAW Course Ski & Snowboard Instructors	Soldeu, Andorra
9 th – 13 th 11 th – 13 th	5 Day RLSS Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
14 th – 15 th	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK

**Merry Christmas & Happy
New year from the Era
Team!!**