



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
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DATE	COURSE	VENUE
<b>JANUARY</b>	<b>2025</b>	<b>2025</b>
8 <sup>th</sup> - 10 <sup>th</sup> Open Course	1 & 3 Day EFAW/ FAW Emergency First Aid at Work	International Surf Centre, Fistral Beach, Newquay Cornwall
18 <sup>th</sup> – 19 <sup>th</sup>	ISA Level 1 Surf Coach Award	Online
27 <sup>th</sup> -28 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Rancho Santana, Popoyo, Nicaragua
29 <sup>th</sup> – 30 <sup>th</sup>	2 Day ISA/ILS Aquatic Rescue & Water Course	Rancho Santana Popoyo, Nicaragua
<b>FEBRUARY</b>		
1 <sup>st</sup> – 2 <sup>nd</sup>	2 Day ISA Level 1 Surf Coach Course	Rancho Santana Popoyo, Nicaragua
3 <sup>rd</sup> – 4 <sup>th</sup>	2 Day ISA/ILS Aquatic Rescue & Water Course	Rancho Santana Popoyo, Nicaragua
5 <sup>th</sup> – 7 <sup>th</sup>	3 Day ISA Level 2 Surf Coach Course	Rancho Santana Popoyo, Nicaragua



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FEBRUARY		
15 <sup>th</sup> – 16 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
17 <sup>th</sup> – 21 <sup>st</sup> 19 <sup>th</sup> – 21 <sup>st</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK

MARCH		
15 <sup>th</sup> - 16 <sup>th</sup>	ISA Level 1 Surf Coach Course	Era & Fistral Surf School Collaboration Fistral Beach, Newquay, Cornwall, UK
17 <sup>th</sup> – 19 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Era & Fistral Surf School Collaboration Fistral Beach, Newquay, Cornwall, UK
17 <sup>th</sup> – 21 <sup>st</sup> 19 <sup>th</sup> – 21 <sup>st</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Era & Fistral Surf School Collaboration Fistral Beach, Newquay, Cornwall, UK



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MARCH		
29 <sup>th</sup> – 30 <sup>th</sup>	2 Day ISA Level 1 Surf Coach	Era & Surfs Up Surf School Collaboration Polzeath Beach, Cornwall, UK
31 <sup>st</sup> - 2 <sup>nd</sup> April	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Era & Surfs Up Surf School Collaboration Polzeath Beach, Cornwall, UK
31 <sup>st</sup> March – 4 <sup>th</sup> April	5 Day RLSS NVBLQ Beach Lifeguard	Era & Surfs Up School Collaboration Polzeath Beach, Cornwall, UK



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APRIL		
1 <sup>st</sup> – 2 <sup>nd</sup>	ISA Level 1 Surf Coach Course	Online
5 <sup>th</sup> – 6 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
7 <sup>th</sup> – 9 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, Cornwall, UK
7 <sup>th</sup> – 11 <sup>th</sup> 9 <sup>th</sup> – 11 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Renewal RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
14 <sup>th</sup> – 15 <sup>th</sup>	ISA Level 1 Surf Coach Course	Baleal Surf Camp Peniche, Portugal
16 <sup>th</sup> – 17 <sup>th</sup>	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp Peniche, Portugal
18 <sup>th</sup> – 20 <sup>th</sup>	ISA Level 2 Surf Coach Course	Baleal Surf Camp Peniche, Portugal
22 <sup>nd</sup> – 26 <sup>th</sup> 24 <sup>th</sup> – 26 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay Cornwall UK



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	3 Day Renewal RLSS NVBLQ Beach Lifeguard	
28 <sup>th</sup> – 30 <sup>th</sup>	3 Day ISA Level 2 Surf Coach Course	The Wave, Bristol
<b>MAY</b>		
1 <sup>st</sup> – 2 <sup>nd</sup>	ISA Level 1 Surf Coach	The Wave, Bristol
3 <sup>rd</sup> – 4 <sup>th</sup>	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK
5 <sup>th</sup> – 7 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, UK
5 <sup>th</sup> – 9 <sup>th</sup> 7 <sup>th</sup> – 9 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, UK
12 <sup>th</sup> – 13 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway
14 <sup>th</sup> – 15 <sup>th</sup>	2 Day ISA/ILS Aquatic Rescue & Water Safety Course	Unstad Artic Surf Camp, Lofoten, Norway



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<b>ISA Surf &amp; SUP Coach Courses Attendance required</b>	<b>RLSS Beach Lifeguard and SLSGB SCSR Courses</b>	<b>First Aid &amp; Medical Training Courses</b>	<b>ISA Overseas, Online &amp; Private Courses</b>
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16 <sup>th</sup> – 17 <sup>th</sup>	ISA Level 2 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway
24 <sup>th</sup> – 25 <sup>th</sup>	ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK
26 <sup>th</sup> – 28 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, UK
26 <sup>th</sup> – 30 <sup>th</sup> 28 <sup>th</sup> - 30 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, UK
31 <sup>st</sup> May – 2 <sup>nd</sup> June	ISA Level 2 Surf Coach	Fistral Beach, Newquay, UK

JUNE		
7 <sup>th</sup> – 8 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
9 <sup>th</sup> – 11 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, Cornwall, UK
9 <sup>th</sup> – 13 <sup>th</sup> 11 <sup>th</sup> – 13 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK



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12 <sup>th</sup> – 13 <sup>th</sup>	ISA Level 1 Surf Coach Course	The Wave Bristol, UK
28 <sup>th</sup> – 29 <sup>th</sup>	ISA SUP Flat Water Instructor Course	Polzeath, Cornwall, UK

JULY		
5 <sup>th</sup> – 6 <sup>th</sup>	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
7 <sup>th</sup> – 9 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
7 <sup>th</sup> – 11 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
9 <sup>th</sup> – 11 <sup>th</sup>	3 Day Refresher RLSS Beach Lifeguard	
12 <sup>th</sup> – 13 <sup>th</sup>	2 Day ISA Instructor Flat Water SUP Course	Fistral Beach, Newquay, Cornwall, UK



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<b>AUGUST</b>	<b>NO COURSES</b>	<b>NO COURSES</b>
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SEPTEMBER		
9 <sup>th</sup> – 10 <sup>th</sup>	ISA Level 1 Surf Coach Course	Baleal Surf Camp, Peniche Portugal
11 <sup>th</sup> – 12 <sup>th</sup>	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp, Peniche Portugal
15 <sup>th</sup> – 17 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
15 <sup>th</sup> – 19 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
17 <sup>th</sup> – 19 <sup>th</sup>	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
20 <sup>th</sup> – 21 <sup>st</sup>	ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK



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OCTOBER		
3 <sup>rd</sup> – 5 <sup>th</sup>	3 Day ISA Level 2 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
6 <sup>th</sup> – 8 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
8 <sup>th</sup> – 10 <sup>th</sup>	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
25 <sup>th</sup> – 26 <sup>th</sup>	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
27 <sup>th</sup> – 29 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
27 <sup>th</sup> – 31 <sup>st</sup>	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach Newquay, Cornwall, UK
29 <sup>th</sup> – 31 <sup>st</sup>	3 Day Refresher RLSS Beach Lifeguard	



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NOVEMBER	2024	2024
4 <sup>th</sup> – 5 <sup>th</sup>	ISA Level 1 Surf Coach	Siargao, Phillipines
6 <sup>th</sup> – 7 <sup>th</sup>	ILS / ISA Aquatic Rescue & Water Safety	Siargao, Phillipines
8 <sup>th</sup> – 10 <sup>th</sup>	ISA Level 2 Surf Coach	Siargao, Phillipines
23 <sup>rd</sup> – 24 <sup>th</sup>	ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall UK
25 <sup>th</sup> - 27 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall UK
25 <sup>th</sup> – 29 <sup>th</sup> 27 <sup>th</sup> – 29 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall UK



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DECEMBER	2024	2024
9 <sup>th</sup> – 11 <sup>th</sup>	First Aid at Work FAW Course Ski & Snowboard Instructors	Soldeu, Andorra
9 <sup>th</sup> – 13 <sup>th</sup>  11 <sup>th</sup> – 13 <sup>th</sup>	5 Day RLSS Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
14 <sup>th</sup> – 15 <sup>th</sup>	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK

**Merry Christmas & Happy  
New year from the Era  
Team!!**