









ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2025

Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required RLSS Beach Lifeguard and SLSGB SCSR Courses

First Aid & Medical Training Courses ISA Overseas, Online & Private Courses

DATE	COURSE	VENUE
JANUARY	2025	2025
8 th - 10 th Open Course	1 & 3 Day EFAW/ FAW Emergency First Aid at Work	International Surf Centre, Fistral Beach, Newquay Cornwall
18 th – 19th	ISA Level 1 Surf Coach Award	Online
27 th -28 th	2 Day ISA Level 1 Surf Coach Course	Rancho Santana, Popoyo, Nicaragua
29 th – 30 th	2 Day ISA/ILS Aquatic Rescue & Water Course	Rancho Santana Popoyo, Nicaragua
FEBRUARY		
1 st – 2 nd	2 Day ISA Level 1 Surf Coach Course	Rancho Santana Popoyo, Nicaragua
3 rd – 4 th	2 Day ISA/ILS Aquatic Rescue & Water Course	Rancho Santana Popoyo, Nicaragua
5 th – 7 th	3 Day ISA Level 2 Surf Coach Course	Rancho Santana Popoyo, Nicaragua











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ISA Surf & SUP Coach	RLSS Beach Lifeguard	First Aid & Medical	ISA Overseas, Online
Courses Attendance	and SLSGB SCSR	Training Courses	& Private
required	Courses		Courses

FEBRUARY		
15 th - 16 th	2 Day ISA Level 1	Fistral Beach, Newquay,
	Surf Coach Course	Cornwall, UK
17 th - 21 st	5 Day RLSS NVBLQ	Fistral Beach, Newquay,
	Beach Lifeguard	Cornwall, UK
19 th - 21 st	3 Day Refresher RLSS	
	Beach Lifeguard	

MARCH		
15 th - 16 th	ISA Level 1 Surf Coach Course	Era & Fistral Surf School Collaboration Fistral Beach, Newquay, Cornwall, UK
17 th – 19 th	3 Day SLSGB Surf Coach safety & Rescue	Era & Fistral Surf School Collaboration Fistral Beach, Newquay, Cornwall, UK
17 th – 21 st	5 Day RLSS NVBLQ Beach Lifeguard	Era & Fistral Surf School Collaboration
19 th – 21 st	3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK











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required	Courses		Courses

MARCH		
29 th – 30 th	2 Day ISA Level 1 Surf Coach	Era & Surfs Up Surf School Collaboration Polzeath Beach, Cornwall, UK
31 st - 2 nd April	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Era & Surfs Up Surf School Collaboration Polzeath Beach, Cornwall, UK
31 st March – 4 th April	5 Day RLSS NVBLQ Beach Lifeguard	Era & Surfs Up School Collaboration Polzeath Beach, Cornwall, UK











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APRIL		
1 st – 2 nd	ISA Level 1 Surf Coach Course	Online
5 th – 6 th	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
7 th – 9 th	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, Cornwall, UK
7 th - 11 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Renewal RLSS	Fistral Beach, Newquay, Cornwall, UK
9 th - 11 th	NVBLQ Beach Lifeguard	
14 th – 15 th	ISA Level 1 Surf Coach Course	Baleal Surf Camp Peniche, Portugal
16 th – 17 th	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp Peniche, Portugal
18 th – 20 th	ISA Level 2 Surf Coach Course	Baleal Surf Camp Peniche, Portugal
22 nd – 26 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay Cornwall
24 th – 26 th		UK











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required	Courses		Courses

	3 Day Renewal RLSS	
	NVBLQ Beach	
	Lifeguard	
28 th – 30 th	3 Day ISA Level 2 Surf	The Wave, Bristol
28 – 30		The wave, bristor
	Coach Course	
MAY		
1 st – 2 nd	ISA Level 1 Surf	The Wave, Bristol
	Coach	
3 rd – 4 th	2 Day ISA Level 1 Surf	Fistral Beach,
5 -4	· ·	
	Coach	Newquay, UK
5 th – 7 th	SLSGB 3 Day SLSGB	Fistral Beach,
	Surf Coach safety &	Newquay, UK
	Rescue Course	
5 th – 9 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, UK
7 th — 9 th	3 Day Refresher RLSS	4//
. 3	Beach Lifeguard	
12 th – 13 th	2 Day ISA Level 1 Surf	Unstad Artic Surf
12' - 15'	· ·	
	Coach Course	Camp, Lofoten,
		Norway
14 th - 15 th	2 Day ISA/ILS Aquatic	Unstad Artic Surf
	Rescue & Water	Camp, Lofoten,
	Safety Course	Norway











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Courses Attendance	and SLSGB SCSR	Training Courses	& Private
required	Courses		Courses

16 th – 17 th	ISA Level 2 Surf	Unstad Artic Surf
	Coach Course	Camp, Lofoten,
		Norway
24 th – 25 th	ISA Level 1 Surf	Fistral Beach,
	Coach	Newquay, UK
26 th – 28 th	SLSGB 3 Day SLSGB	Fistral Beach,
	Surf Coach safety &	Newquay, UK
	Rescue Course	
26 th - 30 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, UK
28 th - 30 th	3 Day Refresher RLSS	
	Beach Lifeguard	
31 st May – 2 nd June	ISA Level 2 Surf	Fistral Beach,
	Coach	Newquay, UK

JUNE		
7 th – 8 th	2 Day ISA Level 1 Surf	Fistral Beach,
	Coach Course	Newquay, Cornwall,
		UK
9 th – 11 th	SLSGB 3 Day SLSGB	Fistral Beach,
	Surf Coach safety &	Newquay, Cornwall,
	Rescue Course	UK
9 th – 13 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, Cornwall,
11 th - 13 th	3 Day Refresher RLSS	UK
	Beach Lifeguard	











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12 th – 13 th	ISA Level 1 Surf Coach Courser	The Wave Bristol, UK
28 th – 29 th	ISA SUP Flat Water Instructor Course	Polzeath, Cornwall, UK

JULY		
5 th – 6 th	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
7 th — 9 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
7 th – 11 th 9 th – 11 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
12 th – 13 th	2 Day ISA Instructor Flat Water SUP Course	Fistral Beach, Newquay, Cornwall, UK













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AUGUST	NO COURSES	NO COURSES











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required	Courses		Courses

SEPTEMBER		
9 th — 10 th	ISA Level 1 Surf Coach Course	Baleal Surf Camp, Peniche Portugal
11 th – 12 th	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp, Peniche Portugal
15 th – 17 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
15 th – 19 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
17 th — 19 th	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
20 th – 21 st	ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK











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required	Courses		Courses

OCTOBER		
3 rd – 5 th	3 Day ISA Level 2 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
6 th – 8 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
8 th – 10 th	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
25 th – 26 th	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
27 th – 29 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
27 th – 31 st	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach Newquay, Cornwall, UK
29 th – 31 st	3 Day Refresher RLSS Beach Lifeguard	











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required	Courses		Courses

NOVEMBER	2024	2024
4 th – 5 th	ISA Level 1 Surf Coach	Siargao, Phillpines
6 th – 7 th	ILS / ISA Aquatic Rescue & Water Safety	Siargao, Phillpines
8 th – 10 th	ISA Level 2 Surf Coach	Siargao, Phillpines
23 rd – 24 th	ISA Level 1 Surf Coacch	Fistral Beach, Newquay, Cornwall UK
25 th - 27 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall UK
25 th – 29 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall
27 th – 29 th	3 Day Refresher RLSS Beach Lifeguard	UK













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required	Courses		Courses

DECEMBER	2024	2024
9 th — 11 th	First Aid at Work FAW Course Ski & Snowboard Instructors	Soldeu, Andorra
9 th – 13 th	5 Day RLSS Beach	Fistral Beach,
	Lifeguard	Newquay, Cornwall,
11 th – 13 th	3 Day Refresher RLSS	UK
11 10	Beach Lifeguard	
14 th – 15 th	2 Day ISA Level 1	Fistral Beach,
	Surf Coach	Newquay, Cornwall,
		UK

Merry Christmas & Happy New year from the Era Team!!